

Privacy Policy

Mind Body Spirit Yoga is committed to protecting your privacy online.

Visitors to and users of the site are referred to as “user”, “you” and “your” and Company is referred to as “we”, “us”, and “our”.

On the Site, we provide information about coaching, consulting, information products and blog. Use of the Site, including all materials presented herein and all online Services provided by Mind Body Spirit Yoga, is subject to this Policy. This Policy applies to all site visitors, customers and all other users of the Site.

Accessing this Site constitutes a use of the Site and a full acceptance of this Policy and its terms

We uphold your rights to privacy in accordance with the General Data Protection Regulation (GDPR) (EU). Your rights under the GDPR are listed in clause 11.

If you do not wish to provide personal information to us, then you do not have to do so. However, this may affect your use of this Site or any products and services offered on it.

What personal information do we collect from the people that visit our website and blog?

When ordering or registering on our site, as appropriate, you may be asked to enter your name, email address, mailing address, phone number, credit card information or other details to help you with your experience. We may collect your Skype or Facebook Username for video call consultations.

When do we collect information?

We collect information from you when you register on our site, place an order or enter information on our site.

How do we use your information?

We may use the information we collect from you when you register, make a purchase, sign up for our newsletter, respond to a survey or marketing communication, or use certain other site features in the following ways:

- To personalise user’s experience and to allow us to deliver the type of content and product offerings in which you are most interested.
- To allow us to better service you in responding to your customer service requests.
- To quickly process your transactions.

How do we protect visitor information?

All transactions are processed through Paypal and are not stored or processed on our servers. We do our best to protect your information for any unauthorized access, misuse, or disclosure. However, you acknowledge that personal information you voluntarily share online, on any website, could be accessed or

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tampered with by a third party. You agree that we are not responsible for any intercepted information shared through our Site without our knowledge or permission. Additionally, you release us from any and all claims arising out of or related to the use of such intercepted information in any unauthorized manner.

You agree to notify us for any breach of security or unauthorised use of your information. Your personal information is only accessible by those who need to access it to provide you Service and use it in the ways described in this Policy. We use Paypal to process orders online.

Do we use 'cookies'?

We do not use cookies for tracking purposes

You can choose to have your computer warn you each time a cookie is being sent, or you can choose to turn off all cookies. You do this through your browser (like Internet Explorer) settings. Each browser is a little different, so look at your browser's Help menu to learn the correct way to modify your cookies.

If you disable cookies off, some features will be disabled that make your site experience more efficient and some of our services will not function properly.

However, you can still place orders.

Third Party Disclosure

We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information.

Third party links

We do not include or offer third party products or services on our website.

How long do we retain your information?

Only for as long as necessary to fulfill the purposes for which it was collected, as outlined in this Website Privacy Policy.

Links

We may have third party links on our Site. These websites have separate privacy policies so please be aware and review the privacy policy of any other site you visit. You acknowledge and accept that we are not responsible for the privacy policies or practices of third parties.

If at any time you would like to unsubscribe from receiving future emails, you can email us at payal.mindbodyspurityyoga@gmail.com and we will promptly remove you from ALL correspondence.